

Questions after a heart-health test

A blank conversation aid. Choose the questions that matter to you, then record the explanation and plan you are given.

Report title / test date: _____

Clinic / conversation date: _____

My three priority questions

1. _____

2. _____

3. _____

The explanation I was given

The plan to confirm

Next step: _____

Who arranges it: _____

Timing / review date: _____

Contact for questions or a missing appointment: _____

Still unresolved: _____

Check the plan in your own words. Ask for written instructions. Keep completed copies private and use them alongside the original report and clinical instructions. This sheet does not assess whether a result or symptom can wait. Do not delay needed care to complete it.